

| os | Nombre | Club | Tiempo | Diff. |
|--|---------------------------------|---------------------|----------------|--------|
| Blanco (4) 1,8 km 55 m 8 C | | | | |
| 1 | Antía Artabe Albaladejo | VELETA | 35:11 | 0:00 |
| 2 | Inés Medina Martin | IBON | 35:18 | +0:07 |
| 3 | Paula Sánchez Márquez | ALTERA AVENTURA | 35:19 | +0:08 |
| 4 | Clara González-Blanch Rathje | INDEPENDIENTE | 35:24 | +0:13 |
| Amarillo (9) 2,1 km 65 m 8 C | | | | |
| 1 | Theo González-Blanch Rathje | ADOL | 50:01 | 0:00 |
| 2 | Diego Rodríguez Baena | VELETA | 51:36 | +1:35 |
| 3 | Borja Artabe Albaladejo | VELETA | 51:44 | +1:43 |
| 4 | Diego Rodríguez Cózar | MONTELLANO-O | 53:53 | +3:52 |
| 5 | Alberto Domingo Gutiérrez | IES GALILEO GALILEI | 54:00 | +3:59 |
| 6 | Alejandro Arjona García | INDEPENDIENTE | 57:49 | +7:48 |
| 7 | Manuel Ming Delgado Chen | INDEPENDIENTE | 57:52 | +7:51 |
| 8 | Alberto Domingo Martínez | IES GALILEO GALILEI | 58:35 | +8:34 |
| 9 | Alberto Manzanegue Aparicio | MANZANARES-O | 1:03:38 | +13:37 |
| Naranja (20) 3,0 km 70 m 8 C | | | | |
| 1 | Sergio Rodríguez Rodríguez | MONTELLANO-O | 33:20 | 0:00 |
| 2 | Nicolás Rubio Cribellati | VELETA | 36:44 | +3:24 |
| 3 | David Sánchez Márquez | ALTERA AVENTURA | 39:10 | +5:50 |
| 4 | Juan Luis Guerrero García | SENDA | 39:20 | +6:00 |
| 5 | Álvaro Rodríguez Baena | VELETA | 40:19 | +6:59 |
| 6 | Juan José Delgado Jaén | INDEPENDIENTE | 41:21 | +8:01 |
| 7 | Marta Vallejo Garach | COMA | 42:48 | +9:28 |
| 8 | Sofía Manzanegue Aparicio | MANZANARES-O | 44:24 | +11:04 |
| 9 | Laura Jiménez García-Verdugo | COMA | 44:25 | +11:05 |
| 10 | Ana Isabel Viso Torres | INDEPENDIENTE | 46:26 | +13:06 |
| 11 | Irene Soto Camacho | INDEPENDIENTE | 47:12 | +13:52 |
| 12 | Xiaowei Chen | INDEPENDIENTE | 49:29 | +16:09 |
| 13 | María Fernanda Monsalve Herrera | SURCO | 50:21 | +17:01 |
| 14 | Rodrigo Martín López | FUNDI-O | 50:37 | +17:17 |
| 15 | Arturo Martín López | FUNDI-O | 50:39 | +17:19 |
| 16 | Inma Guerrero Ruvas | VELETA | 59:41 | +26:21 |
| 17 | Jaime Medina Martin | IBON | 1:03:30 | +30:10 |
| 18 | Gabriela De Los Reyes Correa | COHU | 1:03:51 | +30:31 |
| 19 | Clara Medina Martin | IBON | 1:03:52 | +30:32 |
| | Manuel García Gómez | COMA | Error en tarj. | |
| Rojo (25) 3,7 km 115 m 10 C | | | | |
| 1 | Andrés Prrales Ramos | MONTELLANO-O | 1:06:58 | 0:00 |
| 2 | Borja Vallejo Garach | COMA | 1:07:31 | +0:33 |
| 3 | Claudio De Los Reyes Correa | COHU | 1:07:37 | +0:39 |
| 4 | Nicola Moreno Trombini | FUNDI-O | 1:14:30 | +7:32 |
| 5 | Cristina García Gómez | COMA | 1:15:26 | +8:28 |
| 6 | Mª Carmen Martín Helguera | FUNDI-O | 1:15:33 | +8:35 |
| 7 | Martin Alcaide Camacho | COMA | 1:20:00 | +13:02 |
| 8 | Marcos Hernández Bruzón | FUNDI-O | 1:23:04 | +16:06 |
| 9 | Stefania Daniela Dudas | IBON | 1:40:01 | +33:03 |
| 10 | Pablo Escalera Gutiérrez | INDEPENDIENTE | 1:43:12 | +36:14 |
| 11 | Beatriu Gomez Franquet | COMA | 1:49:33 | +42:35 |
| 12 | José De Dios Ibáñez | VELETA | 2:02:59 | +56:01 |

| os | Nombre | Club | Tiempo | Diff. |
|-------------------|--|--------------------------|----------------|----------|
| Rojo (25) | | 3,7 km 115 m 10 C | (cont.) | |
| | Pablo Rubio Cribellati | VELETA | Error en tarj. | |
| | Mats González-Blanch Rathje | ADOL | Error en tarj. | |
| | Sergio Rodríguez Ortiz | MONTELLANO-O | Error en tarj. | |
| | Belen Albaladejo Fernandez | VELETA | Error en tarj. | |
| | Dalila Cribellati Figari | VELETA | Error en tarj. | |
| | Juan Guerrero Ortega | SENDA | Error en tarj. | |
| | Teresa Díaz-Toledo Fernández | CDCEBE | Error en tarj. | |
| | Ángel Luis Talavera Alcázar | COMA | Error en tarj. | |
| | M ^a Carmen Helguera De Deus | FUNDI-O | Error en tarj. | |
| | Palomares Vega Moreno | ALMADRABA | Error en tarj. | |
| | Teresa Faura Clares | LORCA-O | Error en tarj. | |
| | Micaela Díaz Fuentes | LORCA-O | Error en tarj. | |
| | Sirio Romero Correa | COHU | Error en tarj. | |
| Negro (48) | | 5,1 km 145 m 12 C | | |
| 1 | Maikel Rodríguez Domínguez | VIGORIENTA | 37:08 | 0:00 |
| 2 | Ángel Álvarez Serto | AROMON | 48:45 | +11:37 |
| 3 | Pedro Stangegaard Pérez | COMA | 48:59 | +11:51 |
| 4 | Jose Ángel Ramos Roman | ADOL | 49:39 | +12:31 |
| 5 | Jonás Sánchez Merino | IBON | 49:48 | +12:40 |
| 6 | Pablo Alonso Regidor | IBERIA | 51:01 | +13:53 |
| 7 | Alfonso Dieste Gonzalvo | IBON | 52:57 | +15:49 |
| 8 | Marco Rodríguez Rodríguez | MONTELLANO-O | 54:05 | +16:57 |
| 9 | Ines Pozo Prada | O-GETAFE | 54:07 | +16:59 |
| 10 | Ignacio Vallejo Garach | COMA | 55:02 | +17:54 |
| 11 | Antonio Artabe Lopez | VELETA | 56:18 | +19:10 |
| 12 | Araceli Abalde Vila | AROMON | 57:45 | +20:37 |
| 13 | Marina Misas Bernardino | ADOL | 57:55 | +20:47 |
| 14 | Bernabe Hernández Alonso | SURCO | 57:57 | +20:49 |
| 15 | Jorge Pérez González | COHU | 58:30 | +21:22 |
| 16 | Daniel Alcaide Camacho | COMA | 58:49 | +21:41 |
| 17 | Iván Gálvez Muñoz | COMA | 1:00:41 | +23:33 |
| 18 | Carlos Rojo Hernández | INDEPENDIENTE | 1:01:51 | +24:43 |
| 19 | Santiago Rubio Cañaveras | SURCO | 1:02:37 | +25:29 |
| 20 | Rosa María Correa Cava | COHU | 1:06:24 | +29:16 |
| 21 | Jacinto Calva Troya | MURCIA-O | 1:06:53 | +29:45 |
| 22 | Diego Hormigos Calderón | COMA | 1:10:58 | +33:50 |
| 23 | Jesús Hervás Lucas | CDCEBE | 1:15:08 | +38:00 |
| 24 | Carla Rescalvo López | VILLACARRILLO | 1:17:10 | +40:02 |
| 25 | Mariana Garrido Corral | VELETA | 1:17:13 | +40:05 |
| 26 | Sabrina Fuentes Alaminos | COMA | 1:18:16 | +41:08 |
| 27 | Ángel Luis Manzaneque Esteso | MANZANARES-O | 1:21:16 | +44:08 |
| 28 | Antonio José García Parra | SURCO | 1:22:05 | +44:57 |
| 29 | Rocio Martin De La Fuente | IBON | 1:26:40 | +49:32 |
| 30 | Ignacio González-Blanch Fernández | ADOL | 1:29:44 | +52:36 |
| 31 | Carlos Hernández Fernández Rega | ADOL | 1:37:38 | +1:00:30 |
| | Nabil Abderrahaman Elena | COMA | Error en tarj. | |
| | Esther Arias Enero | IBON | Error en tarj. | |
| | Sonia Maria Arias Lima | AROMON | Error en tarj. | |
| | Caro Llop Calvo | IBERIA | Error en tarj. | |
| | Silvia Belén Aparicio Palomino | MANZANARES-O | Error en tarj. | |
| | Natalia Isaba Aramendia | CDNAVARRA | Error en tarj. | |

| os Nombre | Club | Tiempo | Diff. |
|---------------------------|--------------------------|----------------|-------|
| Negro (48) | 5,1 km 145 m 12 C | <i>(cont.)</i> | |
| Aurora Baena Albert | VELETA | Error en tarj. | |
| Manuel Camacho García | COMA | Error en tarj. | |
| Juan Pozo Ortiz | O-GETAFE | Error en tarj. | |
| Felipe Landa Acedo | CDNAVARRA | Error en tarj. | |
| Carlos Ramiro Martin | TOLEDO-O | Abandona | |
| Eva López Sepúlveda | FUNDI-O | Abandona | |
| Eva Garrido Hens | NAVALCARNERO | Abandona | |
| Emilio David Núñez Medina | COMA | Abandona | |
| Patricia Márquez Padial | ALTERA AVENTURA | Abandona | |
| Cristina Otero Domínguez | IBON | Abandona | |
| Marifé Marchante Sevilla | COMCU | Abandona | |